

Sarah E. Knapp

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Education

Ph.D., Social/Personality Psychology, UC Riverside, In progress: expected 2021

M.A., Psychology, UC Riverside, 2018

Thesis: "Implicit Motives as Components of Emotion Generation and Regulation Processes"

M.A., Psychology, Pepperdine University, 2014

B.A., Psychology, National University, 2012

Honors and Scholarships

Alyssa McCroskey Memorial Scholarship	Oct 2017
Chancellor's Distinguished Fellowship (UCR)	2016-2017
Pepperdine Colleagues Grant Recipient	2012/13, 2013/14
Psi Chi Honor Society	Sept 2013
Pinnacle Society Membership	March 2012
Graduated Magna Cum Laude (B.A.)	Jan 2012
Promising Scholar Award	Jan 2010
Transfer to Triumph Scholarship	Jan 2010

Academic Publications

Taylor, C. T., **Knapp, S. E.**, Bomyea, J. A., Ramsawh, H. J., Paulus, M. P., & Stein, M. B. (2017). What good are positive emotions for treatment? Trait positive emotionality predicts response to cognitive behavioral therapy for anxiety. *Behaviour Research and Therapy*, *93*, 6.

Ball, T. M., **Knapp, S. E.**, Paulus, M. P., & Stein, M. B. (2017). Brain activation during fear extinction predicts exposure success. *Depression and Anxiety*, *34*(3), 257-266.

Manuscript in Preparation

Knapp, S. E. & Davis, E. L. (in prep). *Trait serenity moderates the relation between behavioral motivation systems and behavioral facets of emotion regulation*. [Preliminary copy available upon request]

Popular Press Publication

Knapp, S. (2014, November 21). Anxiety can lead to depression, and depression repays the favor. [Blog Post]. Retrieved from https://www.huffingtonpost.com/sarah-knapp/anxiety-leads-to-depressi_b_6165906.html. (2900+ Likes )

Poster Presentations

Knapp, S. E., Davis, E. L. (November, 2017). *Anxious children ruminate more after watching emotional films, but effectively use emotion regulation strategies*. Poster presentation at the Association for Behavioral and Cognitive Therapies, Anxiety Disorders Special Interest Group, San Diego, CA.

Knapp, S. E., Davis, E. L. (November, 2017). *Trait serenity moderates the relation between the behavioral motivation systems and behavioral facets of emotion regulation*. Poster presentation at the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Knapp, S., Taylor, C. T., Ramsawh, H. J., Paulus, M. P. & Stein, M. B. (November, 2015). *What good are positive emotions in treatment? Trait positive emotionality predicts response to cognitive behavioral therapy for anxiety*. Poster presentation at the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Knapp, S. & Taylor, C. T. (November, 2015). *Impaired empathic concern is related to anhedonia and social disconnectedness in social anxiety disorder and depression*. Poster presentation at the Association for Behavioral and Cognitive Therapies, Anxiety Disorders Special Interest Group, Chicago, IL.

Knapp, S., Taylor, C. T., Stein, M. B. & Paulus, M. P. (March, 2015). *The effect of receiving positive social feedback on subsequent reward-based performance in individuals with social anxiety disorder*. Poster presentation at the Anxiety and Depression Association of America, Chicago, IL.

Knapp, S. & Fader, N. (October, 2014). *Anxiety and culture: Diagnostics, outcomes and implications for treatment*. Poster presentation at the Multicultural Perspectives on Wellness: Thriving in Connection, Los Angeles, CA.

Ball, T. M., **Knapp, S.**, Paulus, M. P. & Stein, M. B. (March, 2014). *Fear conditioning and emotion regulation in anxiety*. Poster presentation at the Anxiety and Depression Association of America, Chicago, IL.

Research Experience

Graduate Student

Life Events Laboratory, UC Riverside
Mentor: Kate Sweeny, Ph.D. September 2018-Current

Emotion Regulation Laboratory, UC Riverside
Mentor: Elizabeth Davis, Ph.D. September 2016-Current

Graduate Research Assistant (Student worker) June 2016-August 2016
ABCD—Adolescent Brain and Cognition Development Coordinating Center, UCSD
Supervisor: Margie Hernandez, M.A.

Research Assistant July 2013—June 2016
 The Positive Emotion and Anxiety Research Lab, UCSD Dept. of Psychiatry
 Mentor: Charles Taylor, Ph.D

Research Assistant July 2013—June 2014
 Anxiety & Traumatic Stress Disorders Research Program, UCSD Dept. of Psychiatry
 Mentor: Tali Manber Ball, Ph.D

Research Assistant Sept 2011—March 2012
 The Center for Understanding and Treating Anxiety, SDSU Dept. of Psychology
 Mentor: Nader Amir, Ph.D

Teaching Assistantships and Readerships*

Psyc 002: Introduction to Psychology, Teaching assistant	Fall 2017
Psyc 140: Social Psychology, Teaching assistant	Winter 2017
Psyc 162: Biological Issues in Development, Reader	Spring 2018
Guest lecture: “Emotions and Emotion Regulation” (Gene X Environment Interactions)	
Psyc 155: Personality Assessment, Reader	(Scheduled) Fall 2018

*Evaluations available upon request

Clinical Experience

Center for Discovery—Residential Eating Disorder Facility Counselor I	May 2016—August 2016
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Non-Profit Service

Anxiety and Depression Association of America Public Education Committee Member	March 2014—Current
Street of Dreams—San Diego, CA Secretary and Voting Member of the Advisory Board	Jan 2013—August 2016
Western Youth Services—Laguna Hills, CA	July 2014—Oct 2014
Jewish Family Service—San Diego, CA Case Manager Aide	Aug 2011—Nov 2011

Professional Affiliations

- Society for Personality and Social Psychology Sept 2018—Current
- Society for Research in Child Development Feb 2017—Current
- Association for Psychological Science Dec 2016—Current
- Association for Behavioral and Cognitive Therapists
Anxiety Disorders Special Interest Group April 2014—Current
- Anxiety and Depression Association of America Nov 2013—Current

Special Training/Skills

- fMRI Safety trained—Keck at UC San Diego
- Proficient in SPSS, EndNote, E-Prime, R Studio, HLM
- Experience with Institutional Review Board submissions