Olivia T. Karaman

Department of Psychology | University of California, Riverside | 900 University Ave, Riverside, CA 92521

olivia.karaman@email.ucr.edu | (570) 872-7680

EDUCATION

Doctor of Philosophy (Ph.D.): Social/Personality Psychology — **Expected June 2027**

University of California, Riverside | Riverside, CA | Advisor: Dr. Kate Sweeny

Master of Arts (M.A.): Social/Personality Psychology — **June 2024**

University of California, Riverside | Riverside, CA | Advisor: Dr. Kate Sweeny

Bachelor of Arts (B.A.): Psychology (magna cum laude, cumulative GPA 3.83) — **May 2019**

Arcadia University | Glenside, PA | Minor: Sociology

TECHNICAL SKILLS

Programming: JavaScript (jsPsych), MATLAB (AcqKnowledge, Autonomate), Python (PsychoPy), R (RStudio)

Software: G-Suite, Microsoft Office Suite, Qualtrics, SPSS

Statistics: Correlation, T-Test, ANOVA, Regression, Factor Analysis, Mediation

PUBLICATIONS

In Press

Beech, A., Fan, H., Shu, J., Oyarzun, J., Nadel, P., **Karaman, O. T.**, Vranos, S., Phelps, E. A., & Kredlow, M. A. (2025). Using natural language processing to identify patterns associated with depression, anxiety, and stress symptoms during the COVID-19 pandemic. *Journal of Affective Disorders*. https://doi.org/10.1016/j.jad.2025.01.139

Sweeny, K., Hawes, J., & **Karaman, O. T.** (2023). When time is the enemy: An initial test of the process model of patience. *Personality and Social Psychology Bulletin*. https://doi.org/10.1177/01461672241284028

2024

Castillo, J., Fan, H., **Karaman, O. T.**, Shu, J., Stussi, Y., Kredlow, M. A., Vranos, S., Oyarzún, J. P., Dorfman, H. M., Sambrano, D. C., Meskin, R., Hirst, W., & Phelps, E. A. (2024). Overestimating the intensity of negative feelings in autobiographical memory: Evidence from the 9/11 attack and Covid-19 pandemic. *Cognition & Emotion*, *38*(7), 1-16. https://doi.org/10.1080/02699931.2024.2346757

Sweeny, K. & **Karaman, O. T.** (2024). Worry: Friend or Foe? In M. H. Jacobsen (Ed.), *Dark Emotions* (pp. 54-68). Routledge. https://doi.org/10.4324/9781003449829-4

2022

Oyarzún, J. P., Kuntz, T. M., Stussi, Y., **Karaman, O. T.**, Vranos, S., Callaghan, B. L., Huttenhower, C., LeDoux, J. E., & Phelps, E. A. (2022). Human threat learning is associated with gut microbiota composition. *PNAS Nexus, 1*(5), 1-5. https://doi.org/10.1093/pnasnexus/pgac271

CONFERENCE PRESENTATIONS

2025

Karaman, O. T. & Sweeny, K. (2025, March). *Unpacking Impatience: The Role of Construal Level and Affective Forecasts*. Poster accepted to be presented at the 12th annual meeting of the Society for Affective Science, Portland, OR.

Karaman, O. T. & Sweeny, K. (2025, February). *Unpacking Impatience: The Role of Construal Level and Affective Forecasts*. Poster accepted to be presented at the 25th annual meeting of the Society for Personality and Social Psychology, Denver, CO.

2024

Velazquez, S., Beech, A., Whalen, M., Akpolat, N., Stephens, C., **Karaman, O. T.**, Goodman, R., Kredlow M. A. (2024, April). *The relationship between dispositional cognitive reappraisal skills and the efficacy of a cognitive restructuring manipulation during fear conditioning*. Poster presented at the 44th annual meeting of the Anxiety and Depression Association of America, Boston, MA.

Karaman, O. T. & Sweeny, K. (2024, February). *Longer-than-expected delays are associated with greater impatience and less patience.* Poster presented at the 24th annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

2023

Cisneros, D., **Karaman, O. T.**, Wilson, M., & Sweeny, K. (2023, April). *Don't sweat the big stuff: Patience for life's hardships predicts psychological well-being.* Poster presented at the 103rd annual meeting of the Western Psychological Association, Riverside, CA.

Sieweyumptewa, P., **Karaman, O. T.**, Oyarzun, J. P., Kredlow, M. A., Shu, J., Phelps, E. A. (2023, April). *Instructed reappraisal during writing can have short and long-term effects on narrative language use and affect: A pilot study on COVID-19 experiences.* Poster presented at the 15th annual meeting of the Social and Affective Neuroscience Society, Santa Barbara, CA.

2022

Fan, H.*, Castillo, J.*, **Karaman, O. T.**, Shu, J., Stussi, Y., Kredlow, M. A., Vranos, S., Oyarzun, J. P., Dorfman, H., Sambrano, D., & Phelps, E. A. (2022, November). *Overestimating stress experienced early during the pandemic is associated with decreased emotional well-being.* Symposium talk presented as part of "Exploring Relationships Between Various Cognitive Mechanisms and COVID-19 Emotional Distress" at the 56th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY. * denotes equal contribution

Castillo, J.*, Fan, H.*, **Karaman, O. T.**, Shu, J., Stussi, Y., Kredlow, M. A., Vranos, S., Oyarzun, J. P., Dorfman, H., Sambrano, D., & Phelps, E. A. (2022, May). *Overestimating stress experienced early during the pandemic is associated with decreased emotional well-being.* Poster presented at the 14th annual meeting of the Social and Affective Neuroscience Society. * denotes equal contribution

2021

Kredlow, M. A., Oyarzun, J., Shu, J., **Karaman, O. T.**, & Phelps, E. A. (2021, November). *Impact of brief writing interventions on affect and covid-related stress.* Poster presented at the 55th annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.

2020

Karaman, O. T., & Robbins, S. J. (2020, June). *Loss aversion in social relationship decisions for future but not present self.* Poster presented at the 91st annual meeting of the Eastern Psychological Association, Boston, MA.

2018

Karaman, O. T., & Moore, K. S. (2018, March). *Using colors to remember in grapheme-color synesthesia.* Poster presented at the 89th annual meeting of the Eastern Psychological Association, Philadelphia, PA.

RESEARCH EXPERIENCE

Graduate Researcher and Lab Manager | UCR Life Events Lab **Sept. 2022-Present**

Principal Investigator: Dr. Kate Sweeny, Professor of Psychology

Department of Psychology | University of California, Riverside | Riverside, CA

Research Assistant/Lab Manager | Harvard Phelps Lab **Sept. 2019-Sept. 2022**

Principal Investigator: Dr. Elizabeth Phelps, Pershing Square Professor of Human Neuroscience

Department of Psychology | Harvard University | Cambridge, MA

Senior Thesis Project **Sept. 2018-May 2019**

Research Supervisor: Dr. Steven Robbins, Professor of Psychology

Department of Psychology | Arcadia University | Glenside, PA

Research Assistant | Arcadia Attention, Memory & Cognition Lab **March 2016-March 2019**

Principal Investigator: Dr. Katherine Moore, Associate Professor of Psychology

Department of Psychology | Arcadia University | Glenside, PA

AWARDS & HONORS

Psi Chi Honors Society **Inducted Oct. 2017**

Awarded membership by having above a 3.0 GPA average in all psychology courses and by earning a GPA in the top 35% of the class.

Distinguished Scholarship (totaling $86,000) | Arcadia University **Aug. 2015-May 2019**

A merit-based scholarship that recognizes academic excellence, outstanding leadership, and community service. Evaluated on the basis of grades, SAT/ACT scores, types of coursework taken, high school rank and involvement.

PROFESSIONAL AFFILIATIONS

Society for Personality and Social Psychology (SPSP) **January 2023-Present**

Society for Affective Science (SAS) **January 2025-Present**