

# Jason Hawes

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(626) 660-9546

## EDUCATION

### **Ph.D., Social/Personality Psychology**

University of California, Riverside  
Degree expected 2026

### **Master of Arts in Health Psychology, 2021**

California State University, Dominguez Hills  
*Thesis:* What is the relationship between subjective social status, perceived stress, and sleep?  
Committee: Erin L. Merz, Silvia Santos, Keisha Paxton

### **Bachelor of Arts in Psychology, 2016**

California State University, Fullerton  
Magna Cum Laude

## RESEARCH EXPERIENCE

### **Life Events Lab – University of California, Riverside**

Supervisor: Kate Sweeny, Ph.D.  
Graduate Research Assistant: 2021 – Present

### **Behavioral Medicine Lab - California State University, Dominguez Hills**

Supervisor: Erin Merz, Ph.D., M.P.H.  
Graduate Research Assistant: 2018 – 2021

### **Independent Research - California State University, Fullerton**

Supervisor: Joanne Stohs, Ph.D.  
Undergraduate Research Assistant: 2014 – 2016

## CONFERENCE PRESENTATIONS

**Hawes, J. & Merz, E.** (2022, February). *Stress as a Mediator of the Relationship Between Subjective Social Status and Sleep*. Poster presentation at the Annual Conference of the Society for Personality and Social Psychology.

**Hawes, J., Levingston, E.M., Quann, V. M., San Diego, E., & Merz, E. L.** (2020, April). *Does general self-efficacy buffer the effects of stress on sleep?* Poster presentation at the annual meeting of the Society of Behavioral Medicine. [Abstract Published in *Annals of Behavioral Medicine*, 54, p. S376]

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## UNIVERSITY CONFERENCES

Quann, V.M., Levingston, E.L., & **Hawes, J.** (2020, February). *Effects of general self-efficacy on the stress-sleep relationship*. Oral presentation at the annual Student Research Day, California State University, Dominguez Hills. Carson, CA. (Awarded 2nd Place in Paper Session).

**Hawes, J.** (2016, May). *Motivation in undergraduate students: Comparing enduring and performance-based learners*. Oral presentation at the annual University Honors Symposium, California State University, Fullerton. Fullerton, CA.

**Hawes, J.** (2016, April). *Motivation in college students: Dissimilarities between enduring and performance-based learning*. Oral presentation at the annual meeting of the Western Regional Honors Conference, University of California, Riverside. Riverside, CA.

## MANUSCRIPTS IN PROGRESS

**Hawes, J.** & Merz, E.L. (in preparation). *What is the relationship between subjective social status, perceived stress, and sleep?*

## TEACHING ASSISTANT EXPERIENCE

### **PSY 363 (Abnormal Psychology; Fall 2020)**

Instructor of Record: Amy Sewart, Ph.D.

California State University, Dominguez Hills

Duties included developing and giving a guest lecture on health psychology, preparing study guides for exams, weekly office hours, grading, providing feedback on writing assignments

### **PSY 363 (Abnormal Psychology; Fall 2020)**

Instructor of Record: Kaylie Carbine, Ph.D.

California State University, Dominguez Hills

Duties included conducting review sessions before exams, weekly office hours, facilitating class discussion during lectures, grading, providing feedback on writing assignments

### **PSYC 341 (Abnormal Psychology; Spring 2015, Fall 2015)**

Instructor of Record: Joanne Stohs, Ph.D.

California State University, Fullerton

Duties included conducting review sessions before exams, weekly office hours, facilitating class discussion during lectures, grading, providing feedback on writing assignments

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## HONORS AND AWARDS

### **Chancellor's Distinguished Fellowship**

University of California, Riverside

### **Disseminating Psychology Student Research Grant (\$250; Spring 2020)**

California State University, Dominguez Hills - Psychology Department

### **Student Research Day – Second Place (Spring 2020)**

California State University, Dominguez Hills

### **Applied Psychology Award (\$100; Spring 2016)**

California State University, Fullerton - Psychology Department

### **University Honors Program (Fall 2012 – Spring 2016)**

California State University, Fullerton

## RELEVANT WORK AND SERVICE

### **Prospective Faculty Meeting Committee – Graduate Student Member (Spring 2020)**

California State University, Dominguez Hills

Served as a graduate student representative to attend research talks and group meetings with prospective faculty in the psychology department

### **Psychology Lab Technician (October 2019 – January 2020)**

California State University, Dominguez Hills

Duties included tutoring students in: statistics, statistical software (SPSS), APA formatting, scientific writing, literature reviews, using the university library system and databases

### **Office Administrator and Therapy Assistant (June 2016 – July 2018)**

Rosemary Johnson & Associates – Pediatric Occupational and Physical Therapy

Duties included aiding in group and individual therapy sessions under the supervision of licensed occupational and physical therapists, management of treatment schedules, organizing test materials (e.g., Bruininks-Oseretsky Test of Motor Proficiency, Peabody Development Motor Scales)

### **Volunteer Therapy Assistant (August 2015 – December 2015)**

Rosemary Johnson & Associates

Duties included aiding in group and individual therapy sessions under the supervision of licensed occupational and physical therapists