

# Olivia T. Karaman

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## EDUCATION

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### Doctor of Philosophy (Ph.D.): Social/Personality Psychology

Expected June 2027

University of California, Riverside | Riverside, CA | **Advisor:** Dr. Kate Sweeny

### Bachelor of Arts (B.A.): Psychology (magna cum laude, cumulative GPA 3.83)

May 2019

Arcadia University | Glenside, PA | Minor: Sociology

## TECHNICAL SKILLS

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**Programming:** JavaScript (jsPsych), MATLAB (AcqKnowledge, Autonomate), Python (PsychoPy), R (RStudio)

**Software:** G-Suite, Microsoft Office Suite, Qualtrics, SPSS

**Statistics:** Correlation, T-Test, ANOVA, Regression, Factor Analysis, Mediation

## PUBLICATIONS

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### Preprints

Sweeny, K., Hawes, J., & **Karaman, O. T.** (2023). When time is the enemy: An initial test of the process model of patience. *PsyArXiv*.

<https://doi.org/10.31234/osf.io/dxs9n>

### In Press

Sweeny, K. & **Karaman, O. T.** (in press). Worry: Friend or Foe? In M. H. Jacobsen (Ed.), *Dark Emotions*. Routledge.

### 2024

Castillo, J., Fan, H., **Karaman, O. T.**, Shu, J., Stussi, Y., Kredlow, M. A., Vranos, S., Oyarzún, J. P., Dorfman, H. M., Sambrano, D. C., Meskin, R., Hirst, W., & Phelps, E. A. (2024). Overestimating the intensity of negative feelings in autobiographical memory: Evidence from the 9/11 attack and Covid-19 pandemic. *Cognition & Emotion*, 1-16. <https://doi.org/10.1080/02699931.2024.2346757>

### 2022

Oyarzún, J. P., Kuntz, T. M., Stussi, Y., **Karaman, O. T.**, Vranos, S., Callaghan, B. L., Huttenhower, C., LeDoux, J. E., & Phelps, E. A. (2022). Human threat learning is associated with gut microbiota composition. *PNAS Nexus*, (1)5, 1-5.

<https://doi.org/10.1093/pnasnexus/pgac271>

## CONFERENCE PRESENTATIONS

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### 2024

Velazquez, S., Beech, A., Whalen, M., Akpolat, N., Stephens, C., **Karaman, O. T.**, Goodman, R., Kredlow M. A. (2024, April). *The relationship between dispositional cognitive reappraisal skills and the efficacy of a cognitive restructuring manipulation during fear conditioning*. Poster presented at the 44th annual meeting of the Anxiety and Depression Association of America, Boston, MA.

**Karaman, O. T.** & Sweeny, K. (2024, February). *Longer-than-expected delays are associated with greater impatience and less patience*. Poster presented at the 25th annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

### 2023

Cisneros, D., **Karaman, O. T.**, Wilson, M., & Sweeny, K. (2023, April). *Don't sweat the big stuff: Patience for life's hardships predicts psychological well-being*. Poster presented at the 103rd annual meeting of the Western Psychological Association, Riverside, CA.

Sieweyumptewa, P., **Karaman, O. T.**, Oyarzun, J. P., Kredlow, M. A., Shu, J., Phelps, E. A. (2023, April). *Instructed reappraisal during writing can have short and long-term effects on narrative language use and affect: A pilot study on COVID-19 experiences*. Poster presented at the 15th annual meeting of the Social and Affective Neuroscience Society, Santa Barbara, CA.

### 2022

Fan, H.\*, Castillo, J.\*, **Karaman, O. T.**, Shu, J., Stussi, Y., Kredlow, M. A., Vranos, S., Oyarzun, J. P., Dorfman, H., Sambrano, D., & Phelps, E. A. (2022, November). *Overestimating stress experienced early during the pandemic is associated with decreased emotional*

*well-being*. Symposium talk presented as part of "Exploring Relationships Between Various Cognitive Mechanisms and COVID-19 Emotional Distress" at the 56th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY. \* denotes equal contribution

Castillo, J.\*, Fan, H.\*, **Karaman, O. T.**, Shu, J., Stussi, Y., Kredlow, M. A., Vranos, S., Oyarzun, J. P., Dorfman, H., Sambrano, D., & Phelps, E. A. (2022, May). *Overestimating stress experienced early during the pandemic is associated with decreased emotional well-being*. Poster presented at the 14th annual meeting of the Social and Affective Neuroscience Society. \* denotes equal contribution

### **2021**

Kredlow, M. A., Oyarzun, J., Shu, J., **Karaman, O. T.**, & Phelps, E. A. (2021, November). *Impact of brief writing interventions on affect and covid-related stress*. Poster presented at the 55th annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.

### **2020**

**Karaman, O. T.**, & Robbins, S. J. (2020, June). *Loss aversion in social relationship decisions for future but not present self*. Poster presented at the 91st annual meeting of the Eastern Psychological Association, Boston, MA.

### **2018**

**Karaman, O. T.**, & Moore, K. S. (2018, March). *Using colors to remember in grapheme-color synesthesia*. Poster presented at the 89th annual meeting of the Eastern Psychological Association, Philadelphia, PA.

## **RESEARCH EXPERIENCE**

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### **Graduate Researcher and Lab Manager | UCR Life Events Lab**

**Sept. 2022-Present**

Principal Investigator: Dr. Kate Sweeny, Professor of Psychology

Department of Psychology | University of California, Riverside | Riverside, CA

### **Research Assistant/Lab Manager | Harvard Phelps Lab**

**Sept. 2019-Sept. 2022**

Principal Investigator: Dr. Elizabeth Phelps, Pershing Square Professor of Human Neuroscience

Department of Psychology | Harvard University | Cambridge, MA

### **Senior Thesis Project**

**Sept. 2018-May 2019**

Research Supervisor: Dr. Steven Robbins, Professor of Psychology

Department of Psychology | Arcadia University | Glenside, PA

### **Research Assistant | Arcadia Attention, Memory & Cognition Lab**

**March 2016-March 2019**

Principal Investigator: Dr. Katherine Moore, Associate Professor of Psychology

Department of Psychology | Arcadia University | Glenside, PA

## **AWARDS & HONORS**

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### **Psi Chi Honors Society**

**Inducted Oct. 2017**

Awarded membership by having above a 3.0 GPA average in all psychology courses and by earning a GPA in the top 35% of the class.

### **Honors Program | Arcadia University**

**Aug. 2015-May 2019**

Gained admission to the program by being in the top 10% of high school class, demonstrating involvement outside the classroom, and engaging in rigorous/challenging coursework.

### **Distinguished Scholarship (totaling \$86,000) | Arcadia University**

**Aug. 2015-May 2019**

A merit-based scholarship that recognizes academic excellence, outstanding leadership, and community service. Evaluated on the basis of grades, SAT/ACT scores, types of coursework taken, high school rank and involvement.

## **PROFESSIONAL AFFILIATIONS**

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Society for Personality and Social Psychology (SPSP)

**January 2023-Present**