

JANINE MEDINA

University of California, Riverside | Department of Psychology
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EDUCATION

Ph.D., Social/Personality Psychology *Expected: 2025*
University of California, Riverside

Bachelor of Arts Degree in Psychology, *Summa Cum Laude* June 2020
University of California, Riverside

PUBLICATIONS

Medina, J., Rankin, K., & Sweeny, K. (2020). The benefits of trait mindfulness and flow during a period of stressful preparation. *University of California, Riverside: Undergraduate Research Journal, 14*, 57-64.

PRESENTATIONS

Talks:

Medina, J., Rankin, K., & Sweeny, K. (May, 2020). *The benefits of trait mindfulness and flow during a period of stressful preparation*. Highlighted presentation with Q&A at the Annual Psychology Undergraduate Research Conference (R'PSYC), Riverside, CA.

Posters:

Medina, J., Rankin, K., & Sweeny, K. (February, 2020). *The benefits of trait mindfulness and flow during a period of stressful preparation*. Poster presented at the Annual Meeting for the Society for Personality and Social Psychology (SPSP); New Orleans, LA.

Medina, J., & Sweeny, K. (February, 2021). *The role of personal and partner optimism during periods of stressful preparation and waiting*. Poster presented at the Annual Meeting for the Society for Personality and Social Psychology (SPSP); hosted virtually.

Medina, J., & Sweeny, K. (February, 2022). *Links between well-being and sleep while awaiting breast biopsy results*. Poster has been accepted and will be presented at the Annual Meeting for the Society for Personality and Social Psychology (SPSP); San Francisco, CA.

Lo, N., Tran, B. Q., **Medina, J.,** & Sweeny, K. (February, 2022). *Confronting cancer: Exploring Latina women's experiences awaiting a breast biopsy*. Poster accepted for presentation at the Annual Convention for the Society for Personality and Social Psychology (SPSP): Health Preconference; San Francisco, CA.

AWARDS, HONORS, AND SCHOLARSHIPS

University of California, Riverside Regents Scholarship 2018 – 2020

RESEARCH EXPERIENCE

Life Events Lab (PI: Kate Sweeny, Ph.D.) – University of California, Riverside

- Research Assistant 2019 – 2020

- Lab Manager 2019 – 2020
- Graduate Fellow 2020 –

PROFESSIONAL EXPERIENCE

Graduate Student Peer Mentor

October, 2021 –

Graduate Student Mentorship Program, University of California, Riverside, CA

- Mentor multiple first-year graduate students by meeting with them weekly and planned workshops to help them navigate their first year in a PhD program

Transfer and Non-Traditional Vice President

October 2018 – March 2020

Transfer and Non-Traditional Committee, University of California, Riverside, CA

- Mentor for transfer and non-traditional students to help ensure academic involvement and success

Supplemental Instruction Coordinator

August 2016 – October 2017

Supplemental Instruction Program, Moreno Valley College, Moreno Valley, CA

- Academic support to students enrolled in a variety of courses to help them succeed
- Trained student leaders in different tutoring strategies to improve academic success

Mental Health Peer Educator

August 2015 – April 2017

Health Services, Moreno Valley College, Moreno Valley, CA

- Raise awareness on various aspects of mental health
- Outreach to students in crisis and provide them with necessary resources

PROFESSIONAL MEMBERSHIPS

Society for Social and Personality Psychology (SPSP)

SPECIAL SKILLS AND CERTIFICATIONS

Human Sexuality Intensive Course Certification

- Awarded by The Kinsey Institute at Indiana University (Summer 2021)

Spanish Language Proficiency

- Proficient in reading, writing, and speaking